

Remember It's Not Just The Office

Other Services TBCC Provide

- Car consultations
- Pillow/mattress consultations
- Site consultations

Car Consultation

Do you drive long distances or sit in your car for a fairly long time? If you experience back pain whilst driving you may need our expert advise.

We will look at both the set up of your car and incorporating ergonomic wedges/back supports. The width, depth, contour and firmness of supports vary enormously, as can the relief felt in varying environments; especially in the car, where other factors may need attention (bucketing seat, height of steering wheel, angle of back, amount of legroom etc).

A small fee of £10.00 is required for us to carry out a car consultation at The Studio. Parking available onsite.

Site Consultation

Dr Rob Harrison PhD BSc (Hons) 1st Class has over 15 years experience in the assessment & selection of ergonomic products to relieve/prevent back & neck pain - in the workplace, at home & when travelling. He is able to carry out a site visit if you are unable to visit our consultation centre.

Fees start off at £90.00 ex vat if based in Birmingham and near surrounding areas. Contact us for national rates

Pillow/Mattress Consultation

At Total Back Care Centre, you'll find a range of neck support pillows/mattresses available to try out under the expert supervision of a Consultant, who'll check your spinal alignment.